



UC Davis Hospice young adult bereavement art group

This group is appropriate for any young adult, age 17 to 24, who is coping with a death of someone close.

Eight sessions starting Tuesday, February 9, 2016, ending Tuesday, March 29, 2016.

Topics to be covered during the eight sessions include:

- Acknowledging and understanding grief
- Expressing and accepting feelings
- Changing of roles
- Coping and stress
- Developing supportive relationships

Group size is limited.

Please register before February 5. We look forward to seeing you.

This is a free service offered by the UC Davis Hospice Program and UC Davis Children's Hospital, along with a generous grant from Children's Miracle Network.

We also provide a general adult grief support group four times a year, and a group for parents who have lost a pediatric age child – starting in January. There are additional groups in the community as well.

For more information or to register: Call Don Lewis at 916-734-1139 or email delewis@ucdavis.edu

Young Adult Bereavement Art Group

Tuesday, February 9, 2016

6–7:30 p.m.

UC Davis Home Care
Services Building, Door F

3630 Business Drive
Sacramento, CA 95820

Business Drive is located
off 14th Ave., between
65th St., and Power Inn Rd.,
south of Hwy. 50 and
Folsom Blvd.

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HEALTH SYSTEM