



Understanding the Effect of Trauma, Loss & Abuse on the Brain

Presented by

The Grief Support Coalition of the Greater Sacramento Area & Placer County
and the HOPE HEALING & HELP Radio Program

Hosted by Heritage Oaks Memorial Chapel FDI990

Date & Time

Thursday, April 3
11:30 until 1:30 p.m.

Location

6920 Destiny Drive
Rocklin

Cost

\$10.00 per person
Pay during registration by PayPal or
at the door by check/cash

Register in advance at www.eventbrite.com

<https://www.eventbrite.com/e/understanding-the-effect-of-trauma-loss-abuse-on-the-brain-tickets-10707742145>

Or email to ChrisHarder@HeritageOaksMC.com or call Chris at 916-768-3891

Understanding the Effect of Trauma, Loss & Abuse on the Brain

Dr. Shadi Jani

Dr. Shadi Jani's multi-media presentation on the effect of abuse and trauma on the brain will include research and actual case studies by leaders in the medical field.

- What happens to our brains when we experience trauma, loss, grief and abuse?
- How does this relate to depression, anxiety and post traumatic stress?
- How will our judgment and decisions be affected by changes in the structure of our brain?

Care givers, educators, medical staff, parents, counselors, chaplains, youth workers and those providing grief care will gain an understanding of the underlying cause of symptomatic behaviors such as depression, panic attacks, shame and guilt.

As individuals who have experienced traumatic losses, and perhaps abusive relationships (including bullying among young people), it is important for us to understand how our brain, and ultimately our judgment, is affected by these situations.

Dr. Jani is a General Practitioner working with the U.C. Davis Research Team on Intimate Partner Violence both in Northern California Clinics and in Sacramento High Schools. Dr. Jani serves on the Board of Directors for B.R.A.V.E. Society and compiles research that focuses on the effect of bullying on our young people.

Please register in advance!