



UC Davis Hospice young adult bereavement art group

This group is appropriate for any young adult, age 17 to 24, who is coping with a death of someone close.

Eight sessions, Wednesdays – starting September 19, 2018, through November 7 – from 6 to 7:30 p.m.

Topics to be covered during the eight sessions include:

- Acknowledging and understanding grief
- Expressing and accepting feelings
- Changing of roles
- Coping and stress
- Developing supportive relationships

Group size is limited.

Registration for this group will close September 17 or earlier if filled. We look forward to seeing you.

This is a free service offered by the UC Davis Hospice Program and UC Davis Children's Hospital, along with a generous grant from Children's Miracle Network.

We also provide a general adult grief support group four times a year, and a group for parents who have lost a pediatric age child – starting in January. There are additional groups in the community as well.

For more information or to register: Call Don Lewis at 916-734-1139 or email delewis@ucdavis.edu.

Young Adult Bereavement Art Group

Wednesday for eight weeks, starting Sept. 19, 2018

6 – 7:30 p.m.

UC Davis Home Care Services Building, Door F

3630 Business Drive
Sacramento, CA 95820

Business Drive is located off 14th Ave., between 65th Street, and Power Inn Road, south of Hwy. 50 and Folsom Blvd.

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